

ALPHA IOTA
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Publish in a DKG Bulletin

Now, with stay at home orders in place, is a good time to write your thoughts or share your practices and/or research in a professional journal -a DKG Bulletin.

Submit an article to bulletin@dkg.org

Upcoming deadlines and themes (as appropriate) are:

Collegial Exchange (87-2; Print); Postmark deadline is 8/1/2020. Journal: Educators' Choice (87-3;Online); Postmark by 10/1/2020. Collegial Exchange (87-4; Print); Postmark deadline is 12/15/2020. You can find more information

Postmark deadline is 12/15/2020. You can find more information about submissions and publication guidelines under the specific Bulletin link on the Publications tab of the DKG website.



The Rose

Newsletter of the Alpha Iota Chapter, NC DKG North Carolina State Organization The Delta Kappa Gamma Society International

Cherokee, Clay, Graham, Haywood, Jackson, Macon, and Swain Counties

Volume 14 Issue I

Region XI

May 2020

DKG: Leading Women Educators Impacting Education Worldwide



John C. Maxwell, author of How Successful People Grow, believes in order to grow one

must recognize the difference between a challenge and a fact of life. A fact of life, like your genetic profile, is something you cannot change. Whereas a challenge is something you can change and you can *GROW* through! Challenges along with their obstacles are opportunities for change. Change ultimately stimulates *GROWth*.

Let's remember the challenges and obstacles we have grown through as this pandemic (hopefully) draws to a close. Knowing challenges will continue to present themselves, let's agree to look for constructive change in order to GROW.

Here are the **Three 5's** that help me face challenges in spite of obstacles:

- Surround yourself with supportive people who push you beyond what you believe capable!
- Structure your day to include time for nurturing of the mind, body and spirit!
- See yourself as capable in spite of what the world might be saying to you!

Beta Alpha president, in her recent newsletter message, quoted Loretta Lynn, "You've got to continue to grow or you're just like last night's cornbread, stale and dry!"

Question to ponder as we move forward: What are you doing to prevent becoming 'stale and dry' chapters? What steps are you taking to stay fresh and GROW?

Express Your Opinion on International Voting to President Teresa

Whether there is an international convention this summer or not, some orders of business will need to take place. President Teresa, as NC DKG President, is a member of the Executive Board and will represent NC DKG in voting to elect new officers. She is asking for your input by submitting your choices on the DKG International Officer Election form. Qualifications for each nominee are listed with each office. The DKG International officer election will take place virtually if the convention is cancelled, so it is crucial that you complete the quick, four-question survey today.

Important Dues Information!!! Attention Needed.

International President Daughtery has encouraged chapters to be mindful of the unique situations surrounding our members as we navigate the dues collection process. As our chapter year comes to a close in this stressful environment, we must move forward anticipating better times to come. Certain activities such as inductions and officer installation can be postponed to a later date. Other actions such as the collection of dues can be modified. In an effort to accommodate different member situations, Alpha lota offers these suggestions:

- Mail check (checks made payable to Alpha lota) for total dues to treasurer prior to June 15.
- Divide dues into two payments: May 1 and June 15.
- Divide dues into two payments: June 15 \$56 (International and State) and mid-September \$23 (local and headquarters)

Our dues and Headquarters assessment are \$79 for active members and \$43 for reserve members. Though the Constitution indicates dues are to be submitted by July 1, International wants to work with you to ensure an arrangement that fits your situation and has indicated no members will be dropped prior to September 30.

If you don't choose to send a check prior to June 15, please just send me a note, email, or text letting me know when you anticipate paying. That will allow me to complete the paperwork needed by International and NC DKG.

I know we have each other in our thoughts and prayers. It is so comforting to know that we care deeply about each other. Take care and be safe.

Suzi Cabe 141 Phillips Lane Franklin, NC 28734 828-371-2206



"Celebrate a Teacher" Continuing

In honor of Teacher Appreciation Week in May, consider showing your appreciation and celebrate a teacher in your life by making a contribution in his/her honor to the NC DKG Educational Foundation. Teachers, during this pandemic, are working harder than ever. Their love for their students is evident in the time and effort they are putting into the lessons.

Raffle tickets are still available for the mosaic glass inlay 12-sting guitar. Purchase information is available on the Foundation web site www.ncdkgef.org or from any Foundation Board member. The drawing will be held on October 17, 2020.



NC DKG Leaders Watching Carefully

Whether NC DKG's state convention will be held this year and when are dependent upon decisions made by the International Administrative Board. President Teresa and the leadership team are considering the input from NC DKG members on a recent poll, including possibly combining New Leaders Training with the convention in late July or a modified convention in October. No decision will be made on the state level until a decision is announced by International. Again, watch the NC DKG website and social media outlets for more information.

Need to Fill Idle Time?

President Teresa is sharing a list of "Stay Home" links and activities that covers a wide variety of topics, such as virtual tours, animal cams, learning activities, and mindfulness.

Check it out on the NC DKG website!



Time to Catch Up on Reading

NC DKG Executive Secretary & DKG Editorial Board

Feeling too housebound? Need something to read? Consider catching up on reading the publications from DKG International. In your mail, you receive the Collegial Exchange magazine. If you haven't taken the time to read this publication, please do. Once you read your copy, you can pass it along to another educator or place them in a doctor's office for the public to see. (We hope that both options will be available when you are reading this!) You may want to take the time to go to www.dkg.org and read the current issue of the International Journal which is only online. Links to both the Journal and the Collegial Exchange magazine are on the website. If you are interested in reading back issues, you may log into the website. You can even search the journal by topic. I encourage you to not only read these publications but to consider writing for the journal and magazine. Share your research, a book or technology review, a personal experience from your work or a program idea, or simply write a letter to the editor. Guidelines and due dates for the publications are included in each issue and on the website. Don't forget, you may read the International DKG News on the website, too.

State/Regional News

EEC Equals Well-Defined Programs

Virtual Programs are an Option Tobey Worthington, NC DKG First Vice-President

As COVID-19 disrupts our normal lives, we can and will adjust. We are educators; therefore, we are used to



being flexible! All educators in NC are rocking it right now. They are working so hard and faithfully for students. It is important to also keep in touch with your DKG colleagues. Instead of missing more meetings, perhaps do a meeting through Zoom or another video conferencing avenue. It is possible to Engage, Empower and Create a well-defined program virtually. One chapter is sharing how teachers are using Zoom and keeping in touch with their students. Have a guest speaker join your virtual meeting. Do a personal growth activity, such as letting members tell what DKG means to them, how they are dealing with these new types of stress or how they are exercising and staying healthy. Well-defined programs do not have to be in face-to-face meetings.

North Carolina State Organization

DKG VISION STATEMENT

Leading Women Educators Impacting Education Worldwide

DKG MISSION STATEMENT

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

Region XI Meeting in Weaverville



Congratulations to Patty Higgins, Delta Kappa Gamma Regional Director, for a successful and meaningful Delta Kappa Gamma Region XI meeting The general sessions, breakout sessions, and activities provided an opportunity to learn and fellowship with other members. The locally catered luncheon by a North Buncombe High School junior FFA member was delicious and enjoyed by all. Guest speakers were NCDKG President Dr. Teresa Cowan and Mrs. Arbie Rhodes. Their words were inspirational and motivating! We were fortunate to be able to gather at this mid March meeting. Dr. Cowan challenged us to be involved, inspiring, invested, dedicated, and filled with joy! Both ladies emphasized the importance of working together as an educational community and supporting each other and those around us.



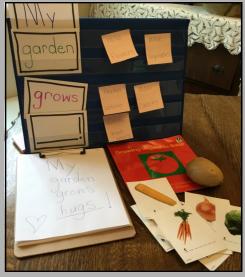
Alpha Iota had three members in attendance at the meeting. Kathryn Kantz and I joined a session Dr. Cowan led for outgoing and incoming presidents. I enjoyed the chair yoga class very much also. In this photo, Julie Norcross got a lot of great ideas from a session called, "Cinderella, finding the right fit". It was about figuring out which office you might be suited for in your chapter. She completed a survey about member interests and strengths.

SANDRA MARR HAS PHOTOGRAPHS PUBLISHED... AGAIN!



Congratulations to Sandra on having two of her photos selected for the Spring International Fine Arts Gallery. Sandra had photos accepted in the Fall Gallery also! "I See You" was taken on the Elk Refuge in Jackson Hole, Wyoming. Sandra says," These were Big Horn sheep who had come down to graze and lick salt (from the snow-covered roads) off of vehicles. We had stopped and several sheep came over and began licking on our car. This guy was brave. I just eased down my window and began taking photos of him. No zoom lens needed...he was right there, inches from me. Wow!!! Eyelashes and all."





A SNAPSHOT INTO PRE-K REMOTE LEARNING – WITH BRYNN GREEN

Pre-K Remote Learning is officially under way in Jackson County. This means continuing to teach these youngest students by providing planned learning packets, weekly virtual check in's, two interactive Zoom lessons weekly, and recorded video messages and student responses on FlipGrid! Teacher Brynn Green says, "It is so wonderful to see their smiling faces every week (even if it is on the computer screen), and know that we are all in this together! I work with some of the best educators and colleagues around, and I am very humbled to share that this year, I was nominated for Teacher of the Year at Smokey Mountain Elementary School In the short time that I have been at Smokey Mountain Elementary, it has certainly become home; and I am so grateful to my colleagues." Brynn has also just been notified of her acceptance into a certificate program at Harvard. This certificate will offer her the opportunity to begin to examine how to strengthen family involvement to positively affect student achievement. She states, "I'm very passionate about the opportunities to build a collaborative vessel among parents, educators and the surrounding community to benefit students. We are so proud of you Brynn! The apple does not fall far from the tree! Best of luck in all your endeavors. You Grow, Girl!

DR. KIM ELLIOTT COMPLETES NEXT GENERATION PROGRAM



Jackson County Public Schools Superintendent Dr. Kimberly Elliott was among 45 superintendents from across the state to graduate for the NCSSA Next Generation Superintendent Development Program Cohort VII. "The program is designed to support the growth, expansion and enhancement of superintendents using the North Carolina Superintendent Standards", said Jack Hoke, Executive Director of the NC School Superintendents' Association. The year-long program was comprised of six face-to-face sessions that guided superintendents as they reflected on and improved their effectiveness as district leaders; focused on their personal leadership goals and linked personal goals with district and state goals; and guided and facilitated the professional development of superin-

tendents toward advanced levels of executive leadership as defined by the North Carolina Standards for Superintendents. Kim, you will be an amazing First-Vice President! We are very proud of all the great work you do!

SHOUT- OUT TO LANA PARKER

Lana's amazing daughter JOSLYN PARKER
BOOTH was just named Teacher of the year again
for Andrews High school! Joslyn was one of the first
teachers in our district to add videos to YouTube to
make sure her students had quality instruction.
Joslyn also attempted real-time virtual band practices.
One of these rehearsal videos from her YouTube
channel was discovered by The Ellen Show and a
clip of the disastrous practice was aired on her show!
Just goes to show that even with a top-notch award
winning educator, face to face instruction is better
than virtual.-especially in the area of the arts!

MEMBER SUPPORT

Let us continue to remember our members in time of need. Since our last newsletter our world is a different place. The health and economic crisis has had a toll on our nation. The state is struggling but our mountain counties have been fortunate to have much lower numbers of people infected with the virus. Please lift each other up in prayer and continue to check in on members in your county. Amy's husband Alan will be having knee replacement surgery when elective surgery is resumed. His surgery date originally scheduled for last week was postponed.

MEMBER AWARDED GRANT AND GLOBAL EDUCATOR BADGE

Cicely Mason Cable, elementary art teacher from Cherokee County Schools has several reasons to celebrate in 2020! She has been awarded the NEA Foundation Grant Award for several thousand dollars which allows her the opportunity to participate in an incredible

professional development experience in 2021. She successfully completed all the credentials to earn the Global Educators Digital Badge ,which she says "was as much work, in my opinion as getting your National Boards" and the Capstone Project she completed for it has published to NC DPIs website! Cicely also states, "I am grateful for these opportunities and the learning experiences they brought for me as a person and as an educator." Cicely continues to challenge her students and herself! She embodies the true spirit of The Delta Kappa Gamma Society International! We are so proud of you and are pleased you chose to become a member of Alpha Iota chapter of NC DKG!



A LITTLE PATRIOTIC POSITIVITY

BY TERRY GRIBBLE

Getting ready for the summer! Physically worked out this morning- now working our in the yard! Almost finished! Blessed to be an American living in the Land of the Free! What a beautifully refreshing spring!!





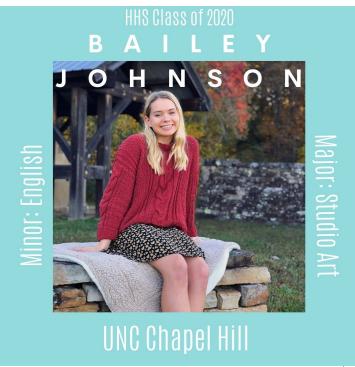
You Grow, GIRL!





Alpha Iota 2020 Grant-in-Aid Recipients Announced

Alissa Cheeks -Chairman of our Scholarship Committee is pleased to announce the names of the two recipients of the annual Alpha Iota grants for future educators. Congratulations to these outstanding future teachers.



Bailey Johnson of Hayesville High School. Bailey will be attending UNC Chapel Hill to study Studio Art and Education.

Ashley Briggs from Robbinsville High School will be attending Western Carolina University to study English Education.



CONGRATULATIONS



Congratulations to Crystal White's son Kadin, who just graduated from NCSU with a Bachelor's degree in civil engineering with a concentration in structures. He wants to work with building structures. He completed one year at WCU before transferring to NCSU. He participated in the Steel Bridge Building competition team going to Nationals in 2018. He plans to stay around the Raleigh area.

WNC SCHOOL NUTRITION STAFF AND BUS DRIVERS ARE 100% ESSENTIAL!!!

"Something that has inspired me is the way all the WNC county school systems have rallied to make sure that students have meals during the pandemic. They have been creative and there are many heroes including bus drivers, cafeteria staff, teachers, and administrators. I know Cherokee and Jackson Counties have done a great job and I suspect other counties have as well."-Dr. April Tallant, Assistant Professor, Nutrition & Dietetics Program and Associate Dean, The Honors College of WCU. April shared recently this sentiment with me and I think we would all agree with her on how valuable this has been to our communities!

Cherokee County Schools has been delivering 3000-4000 meals per day.

Graham County- 1600+ meals delivered in a day.

Clay County– is delivering meals to students twice a day.

WLOS covered the Swain County's food delivery for our community in an on-air story! Rex Hodge spoke with Jennifer Brown, Swain County School's Nutrition Director and recent recipient of the NC Child Hunger Hero Award.







SPRING HAS SPRUNG -AMY HOBB'S ROBBINSVILLE MOUNTAIN RETREAT!







You Grow, GIRL!









The "stay at home" order during this unprecedented time in our lives, has given us time to do a lot of thinking and reflecting. It has been so challenging to teach art remotely. I have missed my students so very much. I do not enjoy being tied to a device! It has been a strug-

gle to sit for long periods of time. I am so used to moving around and actively teaching that I have had to insert workouts into my work routine to keep from getting stiff and sore. You should see me typing while doing hamstring stretches or lifting weights as I read artist statement written by my high school students. I have been the queen of multi-tasking! Despite my attempts to keep active, being on my laptop until 4 or 5 pm drained my energy. I have not been inspired to work on all the great DKG initiatives in the evenings as I used to do, because I can't bear the thought of being on a computer any longer! I fully intended to have this newsletter done over my Spring break, but I did not touch a computer at all that week. I actually read a book for pleasure! I am doing my best to get caught-up with all my tasks and duties before passing the torch. I am really going to miss seeing you all at our May meeting! I look forward to our fall meeting! We plan to induct our new members. Our slate of new officers seen on this page will be installed then as well. It was a sad experience to not be in Greensboro for the NC DKG convention this May. However, President Teresa did a live broadcast via Facebook on "Opening night" to help uplift and inspire us. She has been so encouraging during this trying time. So as I close my last President's Message, I am excited for a brand new season for Alpha Iota. I know that incoming President Kathryn Kantz will surely get your sap rising! She has so much zest for life and enthusiasm. I know you will welcome her leadership and I look forward to the fresh perspective she will bring to our meetings! Our slate of new officers for the next biennium is ready to burst forth and blossom!

Keep smiling and stay safe my friends! Dedra

2020-2022 OFFICERS AND RELATED PERSONNEL

President: Kathryn Kantz
Treasurer: Julie Norcross
First Vice-President: Dr. Kimberly Elliott
Second Vice-President: Dr. April Tallant
Recording Secretary: Brynn Green
Corresponding Secretary: Dr. Tracie Metz
Parliamentarian: Suzi Cabe

Editor: Dedra Davis
Webmaster: Dedra Davis

Ready, Set, GROW!

Cultivate fellowship with Generations of DKG members

Nurture membership with Research-based strategies

Energize members with Opportunities for leadership

Develop chapters with Well-defined programs

You GROW, girl!



As a new decade is now upon us, and my presidency is coming to a close, I have been looking closely at how much our chapter has grown! Look who has been blooming in Alpha lota! These amazing ladies have been going above and beyond in our chapter as well as in state and some international events.

These ladies were inducted into Alpha lota in the last 10 years-between 2009-2019. Since that time they have: attended regional, state or International conference/events, chaired a committee, helped to establish a chapter scholarship, presented or demonstrated at an event, led the program at a chapter meeting, applied for and received a chapter scholarship, had their artwork accepted into the International Fine Art Gallery, attended a leadership conference, been published in peer review journals and accepted an officer position. The chapter is so proud and grateful for of each of you! May you continue to thrive and encourage growth among the rest of us!

Dr. April Conley Tallant

Dr. Kimberly Elliott

Lana Parker

Suzy DesLauriers

Dr. Tracie Metz

Alissa Cheek

Sue Ledford

Cicely Mason Cable

Kathryn Kantz

Reba Beck

Tracy Hagan

Brynn Green

Barbara El-Khouri

NC DKG Important Dates

2020

May 11 DKG Founders Day

May 15 New Inductee fees due to state treasurer*

June 1 Form 110 New Officers Report due to state president and Society Headquarters

June 30 Deadline for members to submit 2020-2021 dues to chapter treasurer*

July 15 Deadline for chapter treasurers to submit Form 15 to state*

Aug. 1 NC DKG News new submission deadline

Oct. 24 Fall Executive Board Meeting
First Presbyterian Church, Burlington

*There will be some flexibility with these dates.

2021

Apr. 23-25 2021 NC DKG Convention

Asheville Crowne Plaza and Resort Asheville, NC Region XI

International Dates to Remember

2020

May 15 Submission deadline for DKG Bulletin: Journal

July 1 New DKG fiscal year begins

July 1 Filing opens for Form 990-N

July 7-11 International Convention

Philadelphia Marriott Downtown Philadelphia, PA

Aug. 1 Submission deadline for DKG Bulletin: Collegial Exchange

Sept. 1 Deadline to apply for Lucile Cornetet
Individual PD Awards

Sept. 15 Deadline for DKG Arts & Humanities Fall Gallery submissions (Open Aug. 15-Sept. 15) Upcoming Alpha Iota Chapter Meeting Dates will be shared as soon as soon as we are able to share with confidence.



NC DKG Website:

https://www.ncdkg.org

International Website: www.dkg.org

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Alpha Iota Website

http://alphaiotanc.weebly.com